

Prayer For a Pandemic

May we who are merely inconvenienced, remember those whose lives are at stake;

May we who have no risk factors, remember those who are most vulnerable;

May we who have the luxury of working from home, respect and support those who must choose between preserving their health or paying their rent;

May we who have the flexibility to care for our children when their schools close, remember those who have no options;

May we who have to cancel trips, remember those who have no place to go;

May we who are losing our investments, remember those who have no money to invest;

May we who settle in for a quarantine at home, remember those who have no home;

During this time, when we cannot physically wrap our arms around each other, let us find ways to be the loving embrace of humanity to our neighbours.

Be aware. Be accepting. Be supportive. Be kind.